



AUGUST 2026 SEMINARS

Seminar 1: The Power of Positive Parenting

Tuesday, August 4 2026 @ 1:00 PM

Seminar 2: Raising Confident, Competent Children

Tuesday, August 11 2026 @ 1:00 PM

Seminar 3: Raising Resilient Children

Tuesday, August 18 2026 @ 1:00 PM

Seminar 4: Healthy Screen Time Habits for Children

Tuesday, August 25 2026 @ 1:00 PM

Registration is not required.

You may attend any number of sessions, regardless of previous attendance.

Certificate of completion provided for each seminar

WHERE: VIRTUAL

Scan the QR Code
or email us and we will
send a Zoom Link!



Small Changes, Big Differences

Parenting is rewarding, but it can be tricky at times. From picky eaters to messy rooms to kids who won't listen, our trained facilitators share practical tips to make life easier.

Smart Strategies, Real Support

These 90 minute seminars provide helpful tip sheets and proven parenting tools.

**For inquiries
or to request a Zoom link,
please contact:**

Mary (Livingston County)
MWhite@casa-trinity.org

Sarah (Chemung County)
SBancroft@casa-trinity.org

Hope begins here.

CASA  **TRINITY**
COUNCIL ON ALCOHOL AND SUBSTANCE ABUSE

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